

— Summer Term 2 2026 —

George Salter Academy Safeguarding Newsletter



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Safeguarding at GSA

*By Miss J. Woodhouse - Designated
Safeguarding Lead*

As another school year comes to an end, I would like to thank all of our students, parents and carers for their continued support throughout the year. We hope everyone has a fantastic summer filled with opportunities to relax, have fun and spend quality time with family and friends.

The summer holidays often bring new adventures, whether that's days out, holidays, meeting up with friends or spending more time online. It's a great opportunity for young people to enjoy a well-earned break while continuing to make safe and positive choices.

We know that children thrive when they feel connected and supported, so we encourage everyone to take time to look after their wellbeing, enjoy making happy memories and know that there is always someone they can talk to if they need help. We look forward to welcoming all of our students back in September, ready for another exciting year at George Salter Academy.

Upcoming Events

at GSA and in the local community



[LINK - Sandwell Family Life Website](#)

George Salter Family Support Drop- In Sessions - We're Here to Help!

A reminder of our drop-in sessions:

- When: The first and last Thursday of each half-term, 9:10-10:50am
- Where: George Salter Academy, Main Reception.
- Who with: Miss Groucutt, Family Intervention Manager

No need to book – just drop in.



NHS
Black Country Healthcare
NHS Foundation Trust

Wellbeing Walks

Join Sandwell Reflexions' new Wellbeing Walks for children, young people, and families. Discover how spending time in nature can support mental wellbeing and physical health.

All locations have been risk assessed, and any site-specific information will be shared at the start of the walk to help everyone enjoy the experience safely.

We kindly ask that parents and carers supervise and support the children and young people in their care throughout the walk.

Thursday 20th August 2026
11am-12:15pm

Meet at the war memorial

Dartmouth Park, Lloyd Street,
West Bromwich, B71 4AS



For additional information or brief sign up form to register attendance, please email bchft.reflexions@nhs.net or feel free to pop in on the day!

Nurtured by Nature

Join Sandwell Reflexions for our nature day!
Discover how spending time in nature can support mental health and wellbeing.

Enjoy mindfulness, creative activities, and fun for the whole family while exploring simple ways to feel calmer, connect with others, and boost your wellbeing

Wednesday 19th
August

11am – 3pm

Oak House Museum
Oak Road
West Bromwich
B70 8HJ

For additional information or brief sign up form to register attendance, please email bchft.reflexions@nhs.net or feel free to pop in on the day!

Important Safeguarding Information

SAFEGUARDING



Safeguarding at GSA

George Salter Academy is committed to the safety and wellbeing of our students and staff. If you don't feel safe or you are worried about the safety of another student, our safeguarding team is here to help.



Miss Woodhouse
Designated
Safeguarding Lead
EXT: 5257



Mrs Dale
Deputy Designated
Safeguarding and
PREVENT Lead
EXT: 5330

Safeguarding is everybody's responsibility

AMBITION | BELIEF | COURAGE

All staff are responsible for keeping you safe in the academy. You can talk to any member of staff if you are worried or you can add any of your concerns onto the SHARP system.



Scan me!

Email: safeguarding@georgesalter.com | Tel: 0121 553 4665



NEED URGENT SAFEGUARDING SUPPORT DURING THE SUMMER HOLIDAYS?

Immediate safeguarding concerns about a child should be reported to Sandwell Multi-Agency Support Hub (MASH):
0121 569 3100

Out of hours MASH team:
0121 569 2355

Immediate risk of harm:
999

Police non-emergencies:
101

NSPCC:
0800 800 5000

Sandwell Adult Safeguarding:
0121 569 2266

USEFUL CONTACTS



kooth

Kooth is a free online service offering emotional and mental health support for children and young people

www.kooth.com

Online support for young people aged 10 and above.

"It's alright to ask for help"

SAMARITANS

116 123

24 hours, 365 days a year telephone support.



24 hours, 365 days a year telephone support.

HOPELINEUK

WE ARE HERE FOR YOU

call: 0800 068 4141
text: 07860 039 967
email: po@papyrus-uk.org
webchat: papyrus-uk.org

Open to midnight, every day

24 Hour, 365 days a year, phone line, text service, email and web chat.

Call: 0121 612 6650

Sandwell Talking Therapies

Self-referral therapy service for low-mood, depression, anxiety and stress for over 16 year olds living in Sandwell:
www.sandwelltalkingtherapies.nhs.uk

Staying Safe During the Summer Holidays

STAY SAFE ONLINE



Follow these **top tips** when online:

-  **Choose a good password and keep this secret.** The best passwords have a combination of letters, numbers, and other characters. Avoid using your name, birthday, or birth year.
-  **When you are online or using apps check your privacy settings** to see if your information is **public or private**.
-  **Stop and think** if someone online asks for your full name, address, phone number, school or a photograph. **Don't share these details with anyone online.**
-  **If a message makes you feel uncomfortable you don't have to reply.** Always tell a parent or guardian if you are worried about anything you see online or on your phone.
-  **Do not say anything or publish pictures that might later cause you or someone else embarrassment.** Be aware of what friends post about you, or reply to your posts, particularly about your personal details and activities.
-  **You can't always believe what you see online, some of the information can actually be fake** – this can include fake facts, images, videos and even people. If you haven't met someone in real life before you chat online be very careful as they may not be who they say.

OUTDOOR FIRE SAFETY

Respect the outdoors and remember these points when you are out with your friends this summer:

-  **Do not set deliberate fires!** They can put people's lives in danger, put a strain on firefighters and ruin the local area.
-  **If you're found to be responsible for a fire, you will be arrested and get a criminal record.**
-  **Take your rubbish home or put it in a nearby bin.** Don't leave glass bottles lying on the ground. Sunlight shining through glass can start a fire.
-  **Call 999 if you see a fire – don't try and tackle it yourself and leave the area as soon as possible.**

**DON'T BE
BLAMED FOR
THE FLAMES**

Be Water Safety Aware

When the weather is warm the water can seem so inviting, but it is a risk that is simply not worth taking. Swimming in rivers, canals and lakes is dangerous. Remember these points when out and about this summer:



Only swim in properly supervised pools, the dangers of water include: very cold temperatures, hidden currents, fast flowing water, deep water, locks and weirs, pollution, hidden rubbish and debris. It may also be difficult to get out and there will not be lifeguards present.



If you see another person or a pet in trouble in the water do not enter the water yourself. Raise the alarm or if you have a mobile phone call 999 and ask for the fire service. Try and give an exact location of where you are and look for signs or landmarks. If there is a lifebuoy or throwline nearby throw it to them. If not, throw anything to them that will float.



If you fall into water by accident try to fight your instinct to thrash about, instead lean back and float on your back while you catch your breath. Once you are calm call for help or swim for safety if you are able.

**INSTILLING THESE
PERSONAL SAFETY TIPS
INTO YOUR CHILD CAN
HAVE A HUGE IMPACT
WHEN THEY ARE OUT WITH
FRIENDS**

O1	▶ INTERACTING WITH OTHERS Only interact with those you know and intended to meet.
O2	▶ KEEP PARENTS UPDATED Let parents know if plans and locations change.
O3	▶ NO CHALLENGES Do not take part in challenges that could potentially be dangerous.
O4	▶ PLAN YOUR ROUTE HOME Take the safest route home, leaving yourself enough time.
O5	▶ BEWARE OF YOUR BELONGINGS If you have valuable belongings, do not keep them on show.
O6	▶ STAY AWAY FROM UNSAFE AREAS Including: railway lines; abandoned buildings and large; unsupervised areas of water.

TIPS FOR

Sun Safety

01

Apply sunscreen with at least SPF 30 and 4 or 5 stars, reapplying regularly

02

Spend time in the shade especially between 11am and 3pm in the UK

03

Cover up with loose-fitting clothing, hats and UV protection sunglasses

04

Stay hydrated! It's a good idea to take extra water with you when travelling by public transport or car