



SALTER
SIXTH

SUCCESS • THROUGH • ENDEAVOUR

Year 11-12 Transition Pack:

PSYCHOLOGY



GEORGE
SALTER
ACADEMY

Introduction

Over the course of two years, you will examine the scientific study of human behaviour and mental processes. You will explore key topics such as memory, attachment, social influence, psychopathology and biopsychology, while learning major psychological approaches and research methods. The course develops skills in critical thinking, data analysis and evaluation of theories, preparing you for further study and careers in psychology, health, education and many other fields.

This pack contains a programme of activities and resources to prepare you to start an A Level in Psychology in September. The tasks ensure you are ready to start your course in September and get a head start. **The beauty about A Level Psychology is that as no one else would have studied it before, you are all at the same level. Going through this pack and completing the wider reading and summer tasks will put you in a fantastic position for September.**

I hope you enjoy the tasks. Please email me if you have any issues or further queries regarding A Level Psychology.

Mrs Rukar (*Head of Psychology*)
a.rukar@georgesalter.com

Course Overview

We follow the AQA specification.

A Level Psychology		
Year 1 Paper 1: Introductory Topics in Psychology	Year 1 Paper 2: Psychology in Context	Year 2 Paper 3: Issues and options in Psychology
Content: • Social Influence • Memory • Attachment • Clinical Psychology	Content: • Approaches in Psychology • Biopsychology • Research Methods	Content: • Issues & Debates • Relationships • Schizophrenia • Forensic Psychology
Assessment: • 2 hours • Written Exam • 96 marks • 33.3% of A Level	Assessment: • 2 hours • Written Exam • 96 marks • 33.3% of A Level	Assessment: • 2 hours • Written Exam • 96 marks • 33.3% of A Level

Careers in Psychology

<http://www.bps.org.uk/>

Things to watch/read

Documentaries <i>(mostly found on BBC iPlayer/Netflix)</i>	The mind, explained 100 Humans Babies The social dilemma The push Three identical strangers Mindhunter
Films	Inside out - Emotions Memento - Memory A Beautiful Mind - Schizophrenia As good as it gets - OCD Shutter Island - Schizophrenia 50 first dates - Memory Experimenter - Milgram Electric Shock study
Books	Hidden Valley Road - Robert Kolker The psychopath test - Jon Ronson The man who mistook his wife for a hat - Oliver Sacks Odd girl out - Rachel Simmons The dark side of the mind - Kerry Daynes The chimp paradox - Steven Peters Testosterone Rex - Cordelia Fine Elephants on Acid - Alex Boese

Online courses to get started and ahead...

Most students find it surprising that there is some Maths involved in Psychology. If you would like to brush up on these skills and feel prepared then this self-paced online course walks you through the maths skills you will need. Scan the QR code on the right or copy the link

<https://ondemand.tutor2u.net/students/maths-in-psychology-psychology-skills>



The below course covers a range of introductory topics and themes from the AQA A-Level Psychology course, including some key approaches. This would really set you ahead in the course

<https://ondemand.tutor2u.net/students/transition-to-aqa-a-level-psychology-skills-booster>



Transition task to complete

1. Biography of a famous psychologist

TASK: Create *at least one side of an A4* biography on **ONE** of the following psychologists:

- Pavlov
- Skinner
- Bandura
- Freud
- Maslow
- Rogers

The biography must include:

- ✓ Place of birth, any information that would be of interest and a picture.
- ✓ What their main ideas are about psychology and behaviour
- ✓ Key pieces of research they have conducted.
- ✓ Any additional information you may feel is beneficial for the reader.
- ✓ **DO NOT COPY & PASTE or use AI** – We are experts in this field and will know if you have!
- ✓ Reference page – ALL SOURCES YOU USE MUST BE SHOWN ON THIS PAGE!

Use the following websites (*and others if you wish*) to help you with this:

- <http://www.simplypsychology.org/> (click on 'psychologists')
- <http://www.famouspsychologists.org/>

2. Prepare for your sixth form studies by getting the following:

What to get ready.....	Check ✓
Dividers x6 (one per topic)	
Lined Paper	
Some pens and highlighters!	