

GSA ATTENDANCE



Attendance at GSA


By Mrs V. Cadwallader
Attendance Officer

Welcome to the third edition of our Attendance Newsletter.

Each half term we will provide an attendance update with tips and guidance to help parents and students.

Attendance Banding

Attendance Banding




Attendance Band	Attendance Percentage
A*	100%
A	99.9% - 95.0%
B	94.9% - 90.0%
C	89.9% - 85.0%
D	84.9% - 80.0%
E	79.9% - 75.0%
F	74.9% - 70.0%
G	69.9% - 65.0%
H	64.9% - 60.0%
I	59.9% - 55.0%
J	54.9% - 50.0%
K	Below 50%


Which band are you in?

What do you need to do to get to the next band?


The higher your band, the more you will achieve!



AMBITION
BELIEF
COURAGE



One World In
One School



AMBITION
BELIEF
COURAGE

Did you know that if you arrive after 9:10am this is classed as an unauthorised absence mark and will affect your overall attendance!

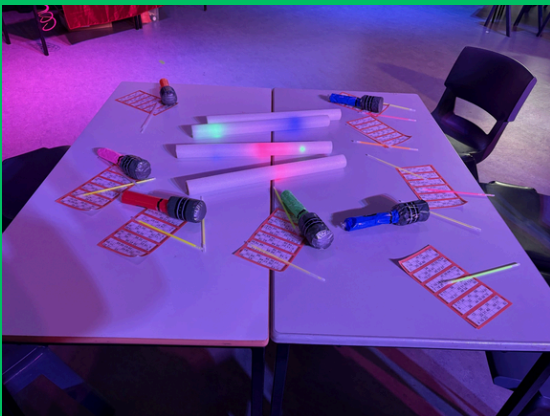
If your child needs to leave site throughout the day for a medical appointment please be aware that we do require students to be collected by an appropriate adult. Many thanks for your continued support.

To report your child's absence please call the academy before 8.30am on each day of absence and leave a message on 0121 553 4665, option 1.

We have recently introduced our attendance banding system. Students can be rewarded for moving up to the next attendance band during each half term. Your child should have this recorded in their planner.
Ask your child which attendance band they are in.

Bongo Bingo - the GSA Way!

At the end of last term we held our attendance reward event - Bongo Bingo (The GSA Way!) A number of students who had achieved 100% attendance during Attend-uary came to our fun bingo event which included dancing, singing and a whole heap of prizes. A huge thank you to 'Now Education' for providing the prizes! Mr Allen was the host for the evening and had a great time as Bingo Caller Extraordinaire!



EMOTIONS BASED SCHOOL AVOIDANCE WHAT IT IS AND WHAT IT ISN'T



- Emotion-based school avoidance is driven by anxiety, overwhelm, or emotional distress linked to school.
- It is a protective response where a child feels unsafe, not simply unwilling to attend.
- It often shows up as physical symptoms like stomach aches, headaches, or panic before school.
- It is connected to unmet needs, such as feeling overwhelmed, unsupported, or socially unsafe.
- It requires understanding, flexibility, and support to reduce distress and rebuild a sense of safety.
- It is a signal that something in the environment or experience is too much for that child.



- Emotion-based school avoidance is not laziness, defiance, or simply refusing to go to school.
- It is not a behaviour that improves through pressure, punishment, or forced attendance alone.
- It is not attention-seeking, but a sign of genuine emotional struggle and distress.
- It is not solved by removing all expectations without addressing the underlying causes.
- It is not a quick fix, but something that needs time, patience, and consistent support.
- It is not about a child being difficult, but about a child finding something too difficult.

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If this sounds like your child or you are worried about any aspect of school attendance please contact a member of the Attendance Team.

8 Top Tips to Help you Stay Healthy Throughout the Summer

1. Eat a balanced diet - include lots of fruit, vegetables, whole grains and protein.
2. Stay hydrated - it is important to drink plenty of water. This helps with memory, mood and energy levels.
3. Stay active - this not only boosts your physical health but also helps with reducing stress and promoting good mental health.
4. Sleep - students should aim for 8 - 10 hours of sleep per night.
5. Self-care - practice relaxation techniques to reduce stress and anxiety.