GSA Food Journey

Beyond

Chef · Dietician · Baker · Product Development · Food Engineering · Food Inspector · Travel · University · Work

Nutritionist · Brewer · Army Chef · Sensory Analysist · Food Journalism · Food Scientist · Home Cook · Apprenticeship

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Gelatinisation · Emulsification · Production Problems · Food Science · Bacterial Growth · Intolerances · Food Risks · HACCP

Coursework

Experiments · Maillard Reaction · Consumer Feedback · Food Properties · Food Quality · Food Safety · Allergies

Exam

Sustainable Diets

Eating Patterns

Sports Nutrition · Labelling · Meringue · Nutrient Classification · Sauces · Life Stages · Nutrition · Pastry · Allergies

Food Production · Presenting · Food Environment · Desserts · Culture · Enriched Breads · Legislation · Intolerances · Food Safety

Exam · **Coursework**

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Vitamins · High Skill Cookery · Nutrition · Presentation · Excess · Child Needs · Decoration · Time Plan

Minerals · Dietary Needs · Menu Design · Deficiencies · Cooking Methods · Environment · Religious Diets

Coursework

Pasta · Allergies · Legislation · Sustainability · Success & Failure · Hotel Roles · Meringue · Service Types · Kitchen Roles · Pastries

Presentation

Exam

Kitchen Design · Accommodation · Butchery · Uniform · Sauces · Restaurant Roles · Decoration · Industry · Service Types

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Vitamins · Cinnamon Rolls · Trace Elements · Lasagne · Excess · Child Needs · Quiche · Food Poverty · Brownies

RDA · Elderly Needs · Mexican Chicken Pasta · Deficiencies · Chicken Goujons · Minerals · Fast Food · Restaurants · Ginger bread biscuits

Practical Assessment · **Theory Test**

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Vegan · Religious Diets · Diabetes · Cakes · Lactose Intolerance · Cookies · Hotel Staff · Job Roles · Pizza

Vegetarian · Bolognese · Allergies · Coeliac · Cancer · Curry · Heart Disease · Mac & Cheese · Chefs

Practical Assessment · **Theory Test**

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Food Storage · Food Poisoning · Fajita · Health Problems · Jam Tarts · Fat · Bread

Shish Kebab · Temperatures · Sugar · Carbohydrates · Salt

Personal Hygiene · Deli Salad · Contamination · Bacteria · Chilli Con Carne · Protein · Fruity Cheesecake

Theory Test · **Practical Assessment**