

# 1. Curriculum map by Year: Year 13 BTEC Level 3 Sport

			Lesson Focus	Lesson FOCUS	Homework	Assessment	Enrichment
Autumn 1	05.09.22	Lesson 1	UNIT 2 Positive lifestyle factors	Unit 3 A1 – Scope and provision of the sports industry	Eatwell plate	<p><b>A.P1</b> Explain the different career pathways, the associated job opportunities and their requirements in the sports industry.</p> <p><b>A.M1</b> Analyse the professional development requirements and opportunities for specialism or promotion in different career pathways and the associated job opportunities in the sports industry .</p> <p><b>AB.D1</b> Justify how own skills audit outcomes and development action plan aligns to chosen career pathway, based on a comprehensive knowledge and understanding of the career.</p>	<p><b>Enrichment Clubs</b> are advertised around school on our social media.</p> <p><b>Trips:</b></p> <ul style="list-style-type: none"> <li>- Champions League Fixture</li> </ul> <p><b>Interhouse Competitions:</b></p> <ul style="list-style-type: none"> <li>- Basketball</li> <li>- Netball</li> </ul>
		Lesson 2	Balanced diet				
	12.09.22	Lesson 3	Strategies for improving dietary intake	A1 – Scope and provision of the sports industry	Revision map		
		Lesson 4	Negative lifestyle factors		Negative lifestyle factor research task		
	19.09.22	Lesson 5	Negative lifestyle factors	A2 – careers and jobs in the sports industry	Negative lifestyle factor questions		
		Lesson 6	Lifestyle modification techniques		Research key lifestyle modification techniques		
	26.09.22	Lesson 7	Lifestyle modification technique application	A2 – careers and jobs in the sports industry	Complete mindmap		

A u t u m  2					Research stress management techniques and how these can be used to manage stress.	
		Lesson 8	Part A application to assessment process		Prepare presentation on Part A	
	03.10.22	Lesson 9	Part A presentation	A2 – careers and jobs in the sports industry	N/A	Part A presentation
		Lesson 10	Health screening process		Past paper question 1 and 2	Past paper question 1 and 2
	10.10.22	Lesson 11	Health tests	A3 – Professional training routes	Add to questions 1 and 2	Add to questions 1 and 2 <b>A.P2</b> Explain the development pathway into a selected career in the sports industry.
		Lesson 12	Self and Peer assessment of Question 1 and 2 (exam technique)		Past paper question 1 and 2	Past paper question 1 and 2
	17.10.22	Lesson 13	Nutritional needs – dietary terminology / exercise terminology / factors effecting BMR	A3 – Professional training routes	Complete peer written exam questions	Complete peer written exam questions
		Lesson 14	Energy balance / required nutritional intake		Complete research task / revision table	
	31.10.22	Lesson 15	Hydration / dehydration	A3 – Professional training routes	Complete a nutrition audit for yourself or a friend	
		Lesson 16	Nutritional strategies		Research the use of sports drinks for different types of training.	
	07.11.22	Lesson 17	Sports drinks	A3 – Professional training routes	Unit 2 Revision Sheet	Past paper question 3
		Lesson 18	Components of fitness		Component of fitness table	
	14.11.22	Lesson 19	Methods of training	A4 - CPD	Past paper question 4	Past paper question 4
		Lesson 20	FITT & SPORVIA / SMARTER / Cycles		Past paper questions 5 & 6	Past paper question 5 & 6
21.11.22	Lesson 21	Mock Notes	A4 - CPD			
	Lesson 22	Mock Notes				
28.11.22	Lesson 23	Mock Notes				
	Lesson 24	Mock				
	Lesson 25	Exam technique		Past Paper Questions		
05.12.22	Lesson 26	Mock feedback		Past Paper Questions		
	Lesson 27	Exam technique		Past Paper Questions		

**Enrichment Clubs** are advertised around school on our social media.

**Trips:**

- International Football Fixture
- Basketball Fixture

**Interhouse Competitions:**  
Gymnastics

		Lesson 28	Exam technique		Past Paper Questions		
	12.12.22	Lesson 29	Exam technique		Past Paper Questions		
		Lesson 30	Exam technique		Past Paper Questions		
		Lesson 31	Exam technique		Past Paper Questions		
		Lesson 32		<b>Unit 2 January Exam – Part B</b>			
	Lesson 33						
S p r i n g  1	09.01.23	Week 16	<b>UNIT 3</b> Section A - (A, P1. A, P2. A, M1, AB. D1	Section A - (A, P1. A, P2. A, M1, AB. D1			
	16.01.23	Week 17	Section A - (A, P1. A, P2. A, M1, AB. D1	Section A - (A, P1. A, P2. A, M1, AB. D1			
	23.01.23	Week 18	B1 – Personal skills audit	B1 – Personal skills audit		<p><b>B.P3</b> Explain how selected sports industry career matches own personal skills audit outcomes.</p> <p><b>B.P4</b> Develop a career development action plan, to meet the requirements of intended sports career using skills audit outcomes.</p> <p><b>B.M2</b> Analyse own personal skills audit outcomes against a selected career in the sports industry.</p> <p><b>B.M3</b> Develop a career development action plan that has specific relevance to the requirements of intended sports career and skills audit outcomes.</p>	
	30.01.23	Week 19	B2 – planning personal development	SECTION B (B. P3, B. P4, B. M2, B. M3, AB. D1)		Unit 3 assignment 1 submission	
	06.02.23	Week 20	C1 – Job applications	C1 – Job applications		<b>C.P5</b> Prepare appropriate	
							<p><b>Enrichment Clubs</b> are advertised around school on our social media.</p> <p><b>Trips:</b></p> <ul style="list-style-type: none"> <li>- PGL Residential</li> </ul> <p><b>Interhouse Competitions:</b></p> <ul style="list-style-type: none"> <li>- Dodgeball</li> <li>- Badminton</li> </ul>
							<p><b>Enrichment Clubs</b> are advertised around school on our social media.</p> <p><b>Trips:</b></p>

S p r i n g  2						documentation for use in selection and recruitment activities.  <b>C.P6</b> Participate in the selection interviews and activities as an interviewee.  <b>C.M4</b> In interviews and activities, demonstrate analytical responses and questioning and activities to allow assessment of skills and knowledge.  <b>CD.D2</b> Demonstrate individual responsibility and effective self-management during the recruitment activity.  <b>CD.D3</b> Evaluate how well the documents prepared, and own performance in the interview activities, supported the process for accessing the selected career pathway.	- Netball Super League  <b>Interhouse Competitions:</b> - Football Handball <b>Enrichment Clubs</b> are advertised around our social media.  <b>Trips:</b> - Woman's FA Cup Final  <b>Interhouse Competitions:</b> - Hockey Cross Country
	13.02.23	Week 21	C2 – Interviews	C2 – Interviews			
	27.02.23	Week 22	SECTION C – (C. P5, C. P6, C. M4, CD. D2, CD. D3	SECTION C – (C. P5, C. P6, C. M4, CD. D3			
S u m m e r  1				D1 – review and evaluation		<b>D.P7</b> Review own performance in role in the interviewing activities, supported by an updated SWOT analysis.  <b>D.M5</b> Analyse the results of the process and how your skills development will contribute to your future	
	06.03.23	Week 23	D1 – review and evaluation				

						SUCCESS.	
	13.03.23	Week 24	D2 – updated SWOT and action plan	D2 – updated SWOT and action plan			
	20.03.23	Week 25	D2 – updated SWOT and action plan	D2 – updated SWOT and action plan			
	27.03.23	Week 26	SECTION D (D. P7, D. M5, CD. D2, CD. D3)	SECTION D (D. P7, D. M5, CD. D2, CD. D3)		Unit 3 Assignment 2 submission	
	17.04.23	Week 27					<b>Enrichment Clubs</b> are advertised around school on our social media.  <b>Trips:</b> - Cricket T20 - Indoor Athletics  <b>Interhouse Competitions:</b> - Cricket - Rounders Sports Day
	24.04.23	Week 28					
	01.05.23	Week 29					
	08.05.23	Week 30					
	15.05.23	Week 31					
	22.05.23	Week 32					
	05.06.23	Week 33					
	12.06.23	Week 34					
	19.06.23	Week 35					
	26.06.23	Week 36					
	03.07.23	Week 37					
	10.07.23	Week 38					
	17.07.23	Week 39					

