

1. Curriculum map by Year: Year 11 BTEC Sport

			Lesson Focus: DOUBLE	Lesson Focus : SINGLE	Assessment	Enrichment
Autumn 1	05.09.22	Week 1	UNIT 6 ASSIGNMENT 1 HANDOUT	ARTICLE	<p>2A.P1 Describe, using relevant examples, the attributes required for, and responsibilities of, sports leadership.</p> <p>2A.M1 Explain the attributes required for, and responsibilities of, sports leadership.</p> <p>2A.P2 Describe the attributes of two selected successful sports leaders.</p> <p>2A.M2 Evaluate the attributes of two successful sports leaders.</p> <p>2A.D1 Compare and contrast the attributes of two successful sports leaders.</p>	<p>Enrichment Clubs are advertised around school, on our website and our social media.</p> <p>Trips:</p> <ul style="list-style-type: none"> - Champoins League Fixure <p>Interhouse Competitions:</p> <ul style="list-style-type: none"> - Basketball - Netball
	12.09.22	Week 2	ARTICLE	ARTICLE		
	19.09.22	Week 3	ARTICLE	COMPLETE ARTICLE	Unit 6 Assignment 1 first submission	
	26.09.22	Week 4	Unit 6 assignment 2 HANDOUT B.2 Planning a session	B.2 Planning a session	<p>2B.P3 Plan two selected sports activities.</p> <p>2B.M3 Justify the choice of activities within the</p>	

					sports activity plan.	
	03.10.22	Week 5	B.2 Planning a session	B.2 Planning a session		
	10.10.22	Week 6	FILMING LESSONS (not in lessons) 3 Planning and Risk assessment	FILMING LESSONS (not in lessons) B.3 Planning and Risk assessment	2B.P4 Independently lead a sports activity session. 2B.M4 Lead a successful sports activity session.	
	17.10.22	Week 7	FILMING LESSONS (not in lessons) 3 Planning and Risk assessment	FILMING LESSONS (not in lessons) 3 Planning and Risk assessment		
Autumn 2	31.10.22	Week 8	FILMING LESSONS (not in lessons) 3 Planning and Risk assessment	FILMING LESSONS (not in lessons) 3 Planning and Risk assessment		
	07.11.22	Week 9	Assignment 2 first submission UNIT 6 ASSIGNMENT 3 HANDOUT C.1 Review	C.1 Review	Assignment 2 first submission	<p>Enrichment Clubs are advertised around school, on our website and our social media.</p> <p>Trips:</p> <ul style="list-style-type: none"> - International Football Fixture - Basketball Fixture <p>Interhouse Competitions:</p> <ul style="list-style-type: none"> - Gymnastics
	14.11.22	Week 10	c.1 Review	c.1 Review	2C.P5 Review the planning and leading of the sports activity session, describing strengths and areas for improvement, and targets for future development as a sports leader.	

					<p>2C.M5 Explain targets for future development as a sports leader, including a personal development plan.</p> <p>2C.D2 Justify targets for future development as a sports leader and activities within the personal development plan.</p>	
	21.11.22	Week 11	C.2 Targets for development	C.2 Targets for development		
	28.11.22	Week 12	C.2 Targets for development	C.2 Targets for development	C.2 Targets for development	
	05.12.22	Week 13			Unit 6 interviews off timetable	
	12.12.22	Week 14	CATCH UP	CATCH UP	Interview PREP	
	02.01.23	Week 15	CATCH UP	CATCH UP	CATCH UP	
Spring 1	09.01.23	Week 16	<p>Unit 3 – Applying the principles of personal training</p> <p>LEARNING AIM A – Design a personal fitness training programme</p> <p>ASSIGNMENT A – LEARNING AIM A HANDOUT</p> <p>A.1 Personal information</p>	A.1 Personal information	<p>2A.P1 Independently design a safe six-week personal fitness training programme to meet an activity/sport goal taking into consideration personal information.</p> <p>2A.M1 Design a safe six-week personal fitness training programme to meet an</p>	<p>Enrichment Clubs are advertised around school, on our website and our social media.</p> <p>Trips:</p> <ul style="list-style-type: none"> - PGL Residential <p>Interhouse Competitions:</p> <ul style="list-style-type: none"> - Dodgeball - Badminton

					<p>activity/sport goal which meets the needs of the individual, showing creativity in the design.</p> <p>2A.D1 Justify the training programme design, explaining links to personal information</p>	
16.01.23	Week 17	A.2 Programme design	A.2 Programme design			
23.01.23	Week 18	COMPLETE ASSIGNMENT A (3A. P1, 3A. M1, 3A. D1)	COMPLETE ASSIGNMENT A (3A. P1, 3A. M1, 3A. D1)			
30.01.23	Week 19	COMPLETE ASSIGNMENT A (3A. P1, 3A. M1, 3A. D1)	COMPLETE ASSIGNMENT A (3A. P1, 3A. M1, 3A. D1)			
06.02.23	Week 20	COMPLETE ASSIGNMENT A (3A. P1, 3A. M1, 3A. D1)	COMPLETE ASSIGNMENT A (3A. P1, 3A. M1, 3A. D1)	Assignment 1 first submission	Assignment 1 first submission	
13.02.23	Week 21	<p>Learning Aim B – Musculoskeletal and respiratory systems</p> <p>ASSIGNMENT B – LEARNING AIM B HANDOUT</p> <p>B.1 Musculoskeletal</p>	B.1 Musculoskeletal	<p>2B.P2 Describe the structure and function of the musculoskeletal and cardiorespiratory systems</p> <p>2B.P3 Summarise the shortterm effects on the musculoskeletal and cardiorespiratory systems during the fitness training programme</p> <p>2B.M2 Explain the short-term</p>		

					effects on the musculoskeletal and cardiorespiratory systems during the fitness training programme	
Spring 2	27.02.23	Week 22	B.1 Musculoskeletal	B.1 Musculoskeletal		Enrichment Clubs are advertised around school, on our website and our social media. Trips: - Netball Super League Interhouse Competitions: - Football - Handball
	06.03.23	Week 23	B.1 Musculoskeletal	B.1 Musculoskeletal		
	13.03.23	Week 24	B.1 Musculoskeletal	B.1 Musculoskeletal		
	20.03.23	Week 24	B.2 Cardiorespiratory system	B.2 Cardiorespiratory system		
	27.03.23	Week 26	B.2 Cardiorespiratory system	B.2 Cardiorespiratory system		
Summer 1	17.04.23	Week 27	B.2 Cardiorespiratory system	B.2 Cardiorespiratory system	Assignment 2 first submission	Enrichment Clubs are advertised around school, on our website and our social media. Trips: - Woman's FA Cup Final Interhouse Competitions: - Hockey - Cross Country
	24.04.23	Week 28	LEARNING AIM C – Self designed fitness programme ASSIGNMENT C – LEARNING AIM C HANDOUT 6 week training programme	review	2C.P4 Safely implement a sixweek personal fitness training programme, maintaining a training diary. 2C.M3 Safely implement a successful six-week personal fitness training programme, maintaining a training diary summarising outcomes for each session. 2C.D2 Safely implement a successful six-week personal fitness training	

					programme, maintaining a training diary to evaluate performance and progress	
01.05.23	Week 29	<p>LEARNING AIM C – Self designed fitness programme</p> <p>ASSIGNMENT C – LEARNING AIM C HANDOUT</p> <p>6 week training programme</p>	review	<p>2C.P4 Safely implement a sixweek personal fitness training programme, maintaining a training diary.</p> <p>2C.M3 Safely implement a successful six-week personal fitness training programme, maintaining a training diary summarising outcomes for each session.</p> <p>2C.D2 Safely implement a successful six-week personal fitness training programme, maintaining a training diary to evaluate performance and progress</p>		
08.05.23	Week 30	<p>LEARNING AIM C – Self designed fitness programme</p> <p>ASSIGNMENT C – LEARNING AIM C HANDOUT</p> <p>6 week training programme</p>	review	<p>2C.P4 Safely implement a sixweek personal fitness training programme, maintaining a training diary.</p> <p>2C.M3 Safely implement a</p>		

					<p>successful six-week personal fitness training programme, maintaining a training diary summarising outcomes for each session.</p> <p>2C.D2 Safely implement a successful six-week personal fitness training programme, maintaining a training diary to evaluate performance and progress</p>	
	15.05.23	Week 31	6 week training programme	review	<p>2C.P4 Safely implement a sixweek personal fitness training programme, maintaining a training diary.</p> <p>2C.M3 Safely implement a successful six-week personal fitness training programme, maintaining a training diary summarising outcomes for each session.</p> <p>2C.D2 Safely implement a successful six-week personal fitness training</p>	

					programme, maintaining a training diary to evaluate performance and progress	
	22.05.23	Week 32	6 week training programme	review		
Summer 2	05.06.23	Week 33	6 week training programme	review		Enrichment Clubs are advertised around school, on our website and our social media. Trips: <ul style="list-style-type: none"> - Cricket T20 - Indoor Athletics Interhouse Competitions: <ul style="list-style-type: none"> - Cricket - Rounders - Sports Day
	12.06.23	Week 34	6 week training programme	Review		
	19.06.23	Week 35	6 week training programme	CATCH UP		
	26.06.23	Week 36	LEARNING AIM D – REVIEW PROGRAMME ASSIGNMENT D – LEARNING AIM D HANDOUT D.1 Review programme	D.1 Review programme	Assignment 3 first submission	
	03.07.23	Week 37	D.1 Review programme	D.1 Review programme	2D.P5 Review the six-week personal fitness training programme set for an activity/sport goal, describing results, strengths and areas for improvement. 2D.M4 Explain the results, strengths of the training programme set for an activity/sport goal and areas for improvement, providing recommendations for future training and performance.	

					2D.D3 Fully explain the results, strengths and improvements for the training programme, justifying recommendations for future training and performance	
	10.07.23	Week 38			Assignment 4 first submission	
	17.07.23	Week 39				

