

Year 11 PSHE Curriculum Map

		PSHE Lesson Focus	Notes	Assembly focus
Autumn 1	Week 1	COVID – My COVID experience		
	Week 2	COVID – Mental health and Well-being strategies	Positively Mad (exam study skills)	Safeguarding
	Week 3	COVID – Misinformation & Fake News		
	Week 4	MHWP – Exam Stress		International day of Languages (MFL)
	Week 5	Positively Mad		Black History Month (History)
	Week 6	Mindfulness		World Mental health Day
	Week 7	Exercise and sleep		
	Week 8	Healthy & Unhealthy relationships		
Autumn 2	Week 9	Consent lesson from women’s aid		
	Week 10	Managing unwanted attention		Remembrance Week (History)
	Week 11	Domestic violence		Anti-bullying Week
	Week 12	Honour based violence		
	Week 13	Forced marriage	Potential exam stress	
	Week 14	Challenging stereotypes		
	Week 15	Coercive behaviour from women’s aid		International Migrants Day
Spring 1	Week 16	(4) 16 Target setting	Careers Assembly	
	Week 17	Applying	Employer fayre	
	Week 18	Employability I –		World Poetry Day (English)
	Week 19	Employability I (cont’d) –		
	Week 20	British Values		
	Week 21	Understanding and preventing extremism		Safer Internet day
Spring 2	Week 22	Language and perception		
	Week 23	Language and perception (cont’d)		
	Week 24	Influence		International Science Week (Science)
	Week 24	Community		
	Week 26	Appearance Ideals		
	Week 27	My internet footprint I		International Children’s Book Day (English)
Summer 1	Week 28	Understanding Debt		
	Week 29	Budgeting		
	Week 30	Gambling		
	Week 31	Marriage	My internet footprint II	International Day Against Homophobia
	Week 32	Separation & Divorce	Mindset	
	Week 33	Bereavement	Resilience	World Environment Day

Category Code	Sex and Relationships Education	Careers Education and Guidance	Living in the wider world/ British Values/ safeguarding	Health & Wellbeing	Economic wellbeing	Mental health & wellbeing	Citizenship
---------------	---------------------------------	--------------------------------	---	--------------------	--------------------	---------------------------	-------------