

Week Beginning		PSHE Lesson Focus		Tutor period focus/ extended day	Assembly focus
Autumn 1	06.09.21	Week 1	Mental well being: What is mental well being?		
	13.09.21	Week 2	Mental well being: Let it out		Safeguarding
	20.09.21	Week 3	Mental well being: Dealing with feelings. Controlling aggression.		
	27.09.21	Week 4	Mental well being: Dealing with self harm	One tutor session or assembly: What is self harm?	International day of Languages (MFL)
	04.10.21	Week 5	Mental well being: Finding a way forward		Black History Month (History)
	11.10.21	Week 6	Mental health and well being: Expressing feelings		World Mental health Day
	18.10.21	Week 7	Mental health and well being: Emotional and Physical Aspects of Eating Disorders		
Autumn 2	01.11.21	Week 9	Options Assembly and Aspirations and pathways afternoon		
	08.11.21	Week 10	Snagged: What is grooming? How do you stay safe on line?	.New date for options assembly	Remembrance Week (History)
	15.11.21	Week 11	Snagged: How do you avoid grooming?		Anti-bullying Week
	22.11.21	Week 12	Additional lesson on domestic abuse		
	29.11.21	Week 13	Snagged: Avoiding abusive relationships	BTL: Integrate – grooming	
	06.12.21	Week 14	Snagged: to understand how to remain e-safe and understand Child Sexual Exploitation		
	13.12.21	Week 15	Snagged: To understand why people join gangs and how to leave them. To understand extremism.	Teen Health	International Migrants Day
Spring 1	03.01.22	Week 16	Snagged : To understand the legal consequences of e-safety abuse		
	10.01.22	Week 17	Snagged: How to keep yourself safe	Knife crime – loud mouth	
	17.01.22	Week 18	Knife crime: To learn how to effectively manage the risk of knife crime		World Poetry Day (English)
	24.01.22	Week 19	Knife crime: To develop strategies to live a knife free life		
	31.01.22	Week 20	Family Life: To understand the different types of relationships, including legal marriage and forced marriage (Domestic abuse to be added)		
	07.02.22	Week 21	Family Life: To understand about the legal status of different types of relationships, including marriage and civil partnerships, and why people choose to form such a commitment		Safer Internet day
Spring 2	21.02.22	Week 22	Family Life: To understand about the responsibilities of being a parent and how committed, stable relationships can be important for bringing up children		
	28.02.22	Week 23	Citizenship: To know what democracy is and to know the difference between parliament and government		
	07.03.22	Week 24	Citizenship: To know the main political parties and their ideologies		International Science Week (Science)

Summer 1	14.03.22	Week 25	Citizenship: To know how laws are made and the difference between criminal and civil cases		
	21.03.22	Week 26	Citizenship: I will know the specific freedoms enjoyed by UK citizen		
	28.03.22	Week 27	Learning to Learn:		International Children's Book Day (English)
	04.04.22	Week 28	Learning to Learn:		
	25.04.22	Week 29	RSE: Consent		
	02.05.22	Week 30	RSE: Delaying sexual intimacy	Geraldine – Contraception and STI sessions	
	09.05.22	Week 31	RSE: Contraception		
	16.05.22	Week 32	RSE: STIs and STDs		International Day Against Homophobia
Summer 2	23.05.22	Week 33	RSE: STDs and Aids		
	06.06.22	Week 34	RSE: Pregnancy		
	13.06.22	Week 35	RSE: Miscarriage		World refugee Day
	20.06.22	Week 36	RSE: Abortion		
	27.06.22	Week 37	Gambling: I know the risks associated with gambling		Cyber crime: To understand what it is and why it takes place
	04.07.22	Week 38	Gambling: I understand some techniques to reduce the risk of becoming a problem gambler		Cyber crime: To understand the consequences and possible responses
	11.07.22	Week 39	What is cancer? - To understand the myths and facts surrounding cancer in young people		
	18.07.22	Week 40	What are the signs and symptoms of cancer? - To understand how to seek medical help and how to speak to a doctor		

Category Code	Sex and Relationships Education	Careers Education and Guidance	Living in the wider world/ British Values/ safeguarding	Health & Wellbeing	Economic wellbeing	Mental health & wellbeing	Citizenship
---------------	---------------------------------	--------------------------------	---	--------------------	--------------------	---------------------------	-------------

