

Year 8 PSHE Overview 2020-2021

		PSHE Lesson Focus	
01.09.20	Week 2	Topic: Making sense of relationships: Healthy Relationships LO's <ul style="list-style-type: none"> <li>We are learning about the features of healthy and unhealthy relationships</li> </ul> We are learning how to negotiate and communicate assertively	Notes
07.09.20	Week 3	Topic: Harmful Sexual Behaviour – What is abuse? LOs: To know the different types of abuse. To understand there is a continuum of abuse and that context is important	This needs to be formally planned. KO and knowledge tests. (BER
14.09.20	Week 4	Topic: Making sense of relationships: Gender Stereotypes LO's <ul style="list-style-type: none"> <li>We are learning about gender stereotypes</li> </ul> We are learning about gender-based peer influence and how to challenge or resist it	
21.09.20	Week 5	Topic: Making sense of relationships: Inappropriate sexualised Behaviour LO's <ul style="list-style-type: none"> <li>We are learning about sexual bullying and why it occurs</li> </ul> We are learning about the impact of inappropriate sexual behaviour and how to challenge or resist it	
28.09.2020	Week 6	Topic: Making sense of relationships: Consent LO's <ul style="list-style-type: none"> <li>We are learning about the meaning and importance of consent in relationships</li> </ul> We are learning how to seek, give and not give consent in different situations	External agency for event
05.10.20	Week 7	Topic: Cyber Crime, The Web We Want LO's <ul style="list-style-type: none"> <li>The safe and responsible use of information communication technology (including safe management of own and others' personal data including images)</li> <li>To recognise bullying and abuse in all its forms (including prejudice-based bullying both in school and online)</li> <li>To develop the skills and strategies to manage being targeted or witnessing others being targeted</li> </ul> About the support services available should you feel or believe others feel they are being abused and how to access them	

12.10.20	Week 8	<p>Topic: Cyber Crime, The Web We Want</p> <p>LO's</p> <ul style="list-style-type: none"> <li>The safe and responsible use of information communication technology (including safe management of own and others' personal data including images)</li> <li>To recognise bullying and abuse in all its forms (including prejudice-based bullying both in school and online)</li> <li>To develop the skills and strategies to manage being targeted or witnessing others being targeted</li> </ul> <p>About the support services available should you feel or believe others feel they are being abused and how to access them</p>	Challenging stereotypes
19.10.20	Week 9	<p>Topic: Cyber Crime, The Web We Want</p> <p>LO's</p> <ul style="list-style-type: none"> <li>The safe and responsible use of information communication technology (including safe management of own and others' personal data including images)</li> <li>To recognise bullying and abuse in all its forms (including prejudice-based bullying both in school and online)</li> <li>To develop the skills and strategies to manage being targeted or witnessing others being targeted</li> <li>About the support services available should you feel or believe others feel they are being abused and how to access them</li> </ul>	
		Week 10	
02.11.20	Week 10	<p>Topic: Basic first Aid: Identifying common conditions and how basic first aid can be administered</p> <p>LO's</p> <ul style="list-style-type: none"> <li>To be able to identify common issues where first aid may need to be administered</li> <li>To understand the purpose of the recovery position</li> </ul> <p>To be able to successfully explain and position another person in the recovery position</p>	<p>ROTATION (HALF YEAR GROUP)</p> <p>THIS HALF TERM STUDENTS WILL BE COMPLETING A FINANCE UNIT OF WORK FROM LIBF. THIS IS AN 8 WEEK ONLINE COURSE AND EACH WEEK IS A DIFFERENT TOPIC BASED ON THE THEME OF MANAGING MONEY</p> <p>HALF THE YEAR GROUP AT A TIME WILL COMPLETE THIS UNIT OF WORK (DUE TO NUMBER OF ICT ROOMS NEEDED)</p> <p>THE ROTATION OF WORK WILL HAPPEN WITH SPRING 1 WORK</p>
09.11.20	Week 11	<p>Topic: Basic first Aid, CPR and using a defibrillator</p> <p>LO's</p> <ul style="list-style-type: none"> <li>Correctly identify and describe the order of the CPR steps. Identify what a defibrillator is and how to use one.</li> <li>Describe in detail the order of the CPR steps and how to use a defibrillator. Mime accurately the CPR steps on an invisible partner or a dummy.</li> </ul> <p>Explain the importance of each of the CPR steps. Be able to describe the steps correctly, in order, without prompting as demonstrated on an invisible partner or a dummy.</p>	

16.11.20	Week 12	<p>Topic: An introduction to organ and tissue donations</p> <p>LO's:</p> <ul style="list-style-type: none"> <li>• To be able to give a definition of organ and tissue donation, a transplant, a recipient and the NHS Organ Donor Register</li> <li>• To be able to describe how a person can become an organ and tissue donor</li> <li>• To be able to identify some key points to consider when talking about organ and tissue donation.</li> </ul>	
23.11.20	Week 13	<p>Topic: Organ and Tissue donation: reflecting on life stories</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• To be able to describe how someone waiting for an organ or tissue transplant might feel</li> <li>• To be able to describe how someone who has received a transplant might feel</li> <li>• To be able to identify the benefits of receiving a transplant</li> <li>• To be able to explain why there is a need for more organ donors from black, Asian and minority ethnic communities</li> <li>• To be able to describe some of the dilemmas involved in organ and tissue donation.</li> <li>•</li> </ul>	
30.11.20	Week 14	<p>Topic: Organ and Tissue Donation: The gift of life</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• To be able to describe what it might be like for a donor family</li> <li>• To be able to explain why organ and tissue donation is important</li> <li>• To be able to discuss organ and tissue donation from the perspective of different religions.</li> <li>•</li> </ul>	
07.12.20	15	•	
14.12.20	Week 16	•	
			Week 17

Classroom	04.01.21	Week 17	Topic: Help I'm hairy LO's To understand that during Sex and Relationships Education everyone needs to be able to speak confidently, listen well and to feel and be safe	
	11.01.21	Week 19	Topic: Help I'm Hairy LO's To understand that during Sex and Relationships Education everyone needs to be able to speak confidently, listen well and to feel and be safe	
	18.01.21	Week 20	Topic: Help I'm Hairy LO's To understand that during Sex and Relationships Education everyone needs to be able to speak confidently, listen well and to feel and be safe	Geraldine to lead a session
	25.01.21	Week 21	Topic: Help I'm Hairy LO's To understand that during Sex and Relationships Education everyone needs to be able to speak confidently, listen well and to feel and be safe	
	01.02.21		Topic: Help I'm Hairy LO's To understand that during Sex and Relationships Education everyone needs to be able to speak confidently, listen well and to feel and be safe	
	08.02.21	Week 22	Topic: Help I'm Hairy LO's To understand that during Sex and Relationships Education everyone needs to be able to speak confidently, listen well and to feel and be safe	
	22.02.21	Week 24	Topic: Mental well being – Sleep patterns LO's <ul style="list-style-type: none"> <li>describe a range of strategies for ensuring appropriate sleep patterns</li> <li>describe healthy sleep patterns and identify factors which can reduce sleep quality</li> <li>explain the impact of sleep on health and wellbeing</li> </ul>	

01.03.21	Week 25	<p>Topic: Mental well being: Attitudes and Promotion Emotional Wellbeing</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• evaluate the links between mental health and physical health</li> <li>• identify common misconceptions about mental health</li> <li>• recognise and challenge prejudice and discriminatory language and behaviour, in relation to mental health</li> <li>• Explain the factors that affect emotional wellbeing</li> <li>• Identify ways to promote emotional wellbeing and build resilience</li> <li>• Reframe and learn from disappointments and setbacks</li> </ul>	
08.03.21	Week 26	<p>Topic: Mental well being: Impact of social media on mental health</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• Evaluate the positive and negative impact of social media on emotional wellbeing</li> <li>• Analyse the reasons people post and look at online images and the impact this can have on self-esteem and body image</li> <li>• Describe strategies to develop digital resilience</li> </ul>	
15.03.21	Week 27	•	
22.03.21		•	
29.03.21	Week 28		
			Week 29
19.04.21	Week 30	<p>Topic: Basic first Aid: Identifying common conditions and how basic first aid can be administered</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• To be able to identify common issues where first aid may need to be administered</li> <li>• To understand the purpose of the recovery position</li> </ul> <p>To be able to successfully explain and position another person in the recovery position</p>	<p>THIS HALF TERM STUDENTS WILL BE COMPLETING A FINANCE UNIT OF WORK FROM LIBF.</p> <p>THIS IS AN 8 WEEK ONLINE COURSE AND EACH WEEK IS A DIFFERENT TOPIC BASED ON THE THEME OF MANAGING MONEY</p> <p>HALF THE YEAR GROUP AT A TIME WILL COMPLETE THIS UNIT OF WORK (DUE TO NUMBER OF ICT ROOMS NEEDED)</p> <p>THE ROTATION OF WORK WILL HAPPEN WITH SPRING 1 WORK</p>
26.04.21	Week 31	<p>Topic: Basic first Aid, CPR and using a defibrillator</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• Correctly identify and describe the order of the CPR steps.</li> </ul> <p>Identify what a defibrillator is and how to use one.</p>	

		<ul style="list-style-type: none"> <li>Describe in detail the order of the CPR steps and how to use a defibrillator. Mime accurately the CPR steps on an invisible partner or a dummy.</li> </ul> <p>Explain the importance of each of the CPR steps. Be able to describe the steps correctly, in order, without prompting as demonstrated on an invisible partner or a dummy.</p>	
03.05.21	Week 32	<p>Topic: An introduction to organ and tissue donations</p> <p>LO's:</p> <ul style="list-style-type: none"> <li>To be able to give a definition of organ and tissue donation, a transplant, a recipient and the NHS Organ Donor Register</li> <li>To be able to describe how a person can become an organ and tissue donor</li> <li>To be able to identify some key points to consider when talking about organ and tissue donation.</li> </ul>	
10.05.21	Week 33	<p>Topic: Organ and Tissue donation: reflecting on life stories</p> <p>LO's</p> <ul style="list-style-type: none"> <li>To be able to describe how someone waiting for an organ or tissue transplant might feel</li> <li>To be able to describe how someone who has received a transplant might feel</li> <li>To be able to identify the benefits of receiving a transplant</li> <li>To be able to explain why there is a need for more organ donors from black, Asian and minority ethnic communities</li> <li>To be able to describe some of the dilemmas involved in organ and tissue donation.</li> </ul>	
17.05.21	Week 33	<p>Topic: Organ and Tissue Donation: The gift of life</p> <p>LO's</p> <ul style="list-style-type: none"> <li>To be able to describe what it might be like for a donor family</li> <li>To be able to explain why organ and tissue donation is important</li> <li>To be able to discuss organ and tissue donation from the perspective of different religions.</li> </ul>	

24.05.21	Week 34		
	Week 35		
07.06.21	Week 36	<p>Topic: Making choices sex, relationships and BBFC Age Ranges</p> <p>LO's:</p> <ul style="list-style-type: none"> <li>• Explain the factors that influence decisions about what film and online content is appropriate for young people</li> <li>• Describe or demonstrate how to respond to pressure to watch something that makes someone feel uncomfortable</li> <li>• Explain where and how to get help or advice about the film and online content</li> </ul>	
14.06.21	Week 37	<p>Topic: Making choices sex, relationships and BBFC Age Ranges</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• Explain the influences on relationship expectations</li> <li>• Identify differences between off-screen and on-screen relationships</li> </ul> <p>Evaluate reasons why and how representations of relationships on-screen are different relationships off-screen</p>	
21.06.21	Week 38	<p>Topic: Making choices sex, relationships and BBFC Age Ranges</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• Explain what it means for media content to be sexualised</li> <li>• Evaluate the ways in which sexualised content can be harmful to individuals and society</li> <li>• Suggest recommendations for selecting appropriate viewing content</li> </ul>	
28.06.21	Week 39	<p>Topic: FGM</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• Pupils know the female parts of the body (genitals)</li> <li>• Pupils understand what FGM is</li> <li>• Pupils know that FGM is illegal in the UK (and that it is also a criminal offence to take a UK citizen abroad for the purpose of FGM, whether or not it is lawful in the other country)</li> <li>• Pupils know where and how someone can get help and support about FGM</li> </ul>	
05.07.21	Week 40	<p>Topic: Tackling Gender and Sexuality</p> <p>LO's: To explore and expand your knowledge on gender, sexuality and stereotyping.</p> <ul style="list-style-type: none"> <li>•</li> </ul>	
12.07.21		<p>Topic: Body Image and Portrayal in media</p> <p>LO's</p> <ul style="list-style-type: none"> <li>• To learn what we mean by 'body image' and how it can be influenced by the media and advertising.</li> </ul>	

			<ul style="list-style-type: none"><li>• To learn how to respond to the media and advertising in a way that promotes positive body image and begin to build emotional resilience.</li></ul>	
	19.07.21		<ul style="list-style-type: none"><li>•</li></ul>	



