

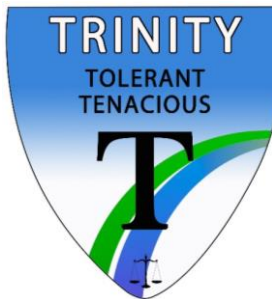


GEORGE
SALTER
ACADEMY

Looking After Yourself This Summer!



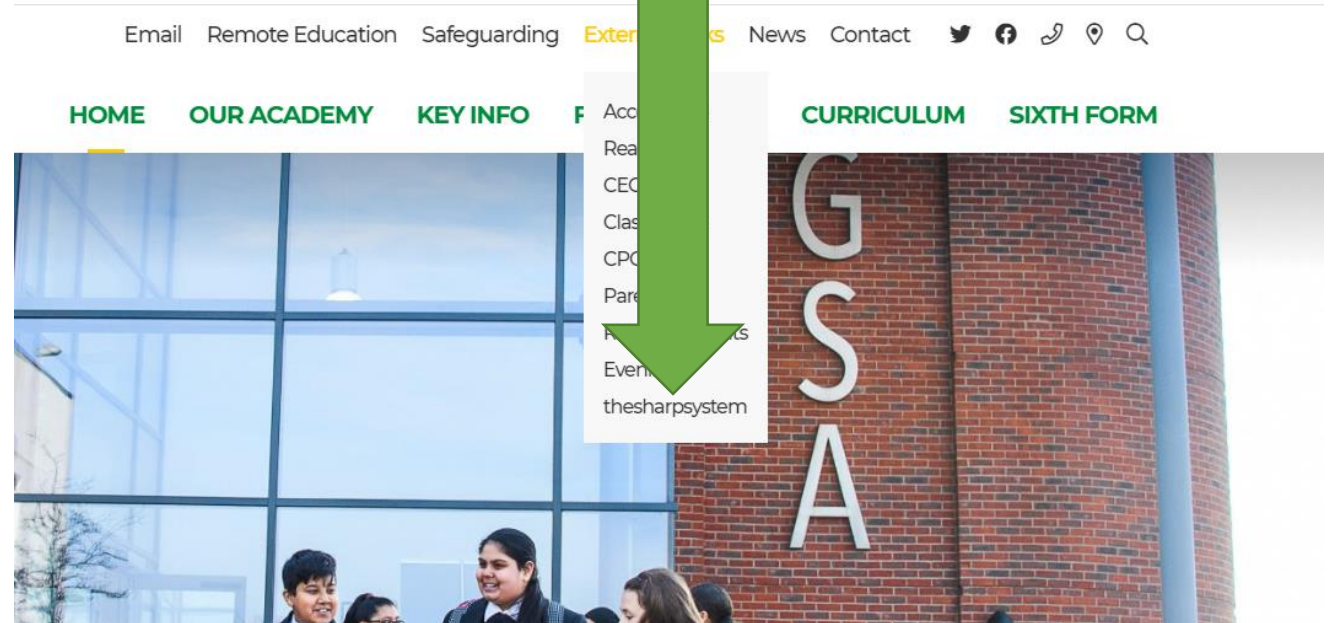
AMBITION | BELIEF | COURAGE



Sources of support – school based



Microsoft Teams



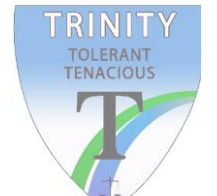
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Sources of support

Run by charities to support young people

Available online and via telephone

Google each charity to see what they can offer?



Online support for young people aged 10 and above.



24 hours, 365 days a year text line support.

USEFUL CONTACTS



24 hours, 365 days a year telephone support.



Drop in counselling service. Drop in times can be found at: www.childrensociety.org.uk/sandwell



24 hours, 365 days a year telephone support.



Self-referral mental health service for over 16's: www.sandwellhealthyminds.nhs.uk



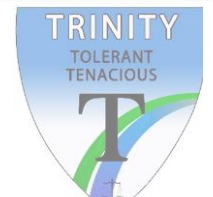
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Sources of support – Local Agencies

Who?

The Enhanced Youth Support Team

What?

- Young Women's Group
- Young Men's Group
- The Meadows Youth Club
- Music recording studio (50p per session)

How to join?

Contact Russell Allen at the Coneygre Arts Centre: 0121 569 8452

Cost: 50p per session



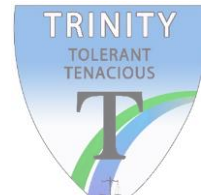
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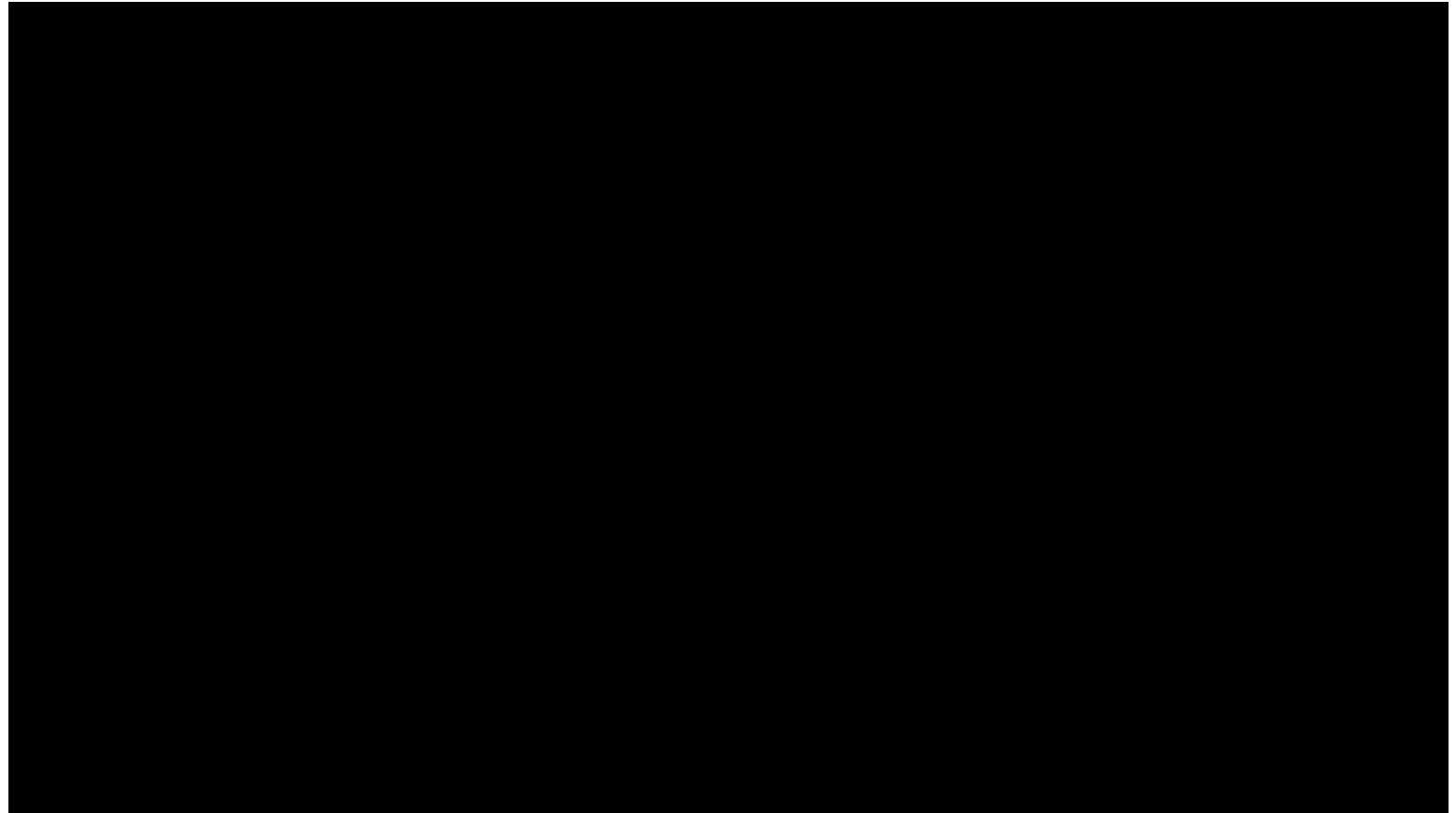


COURAGE



Sources of support – Local Agencies

- **Who?**
- Kooth
- **What?**
- Free online counselling, discussion boards, journals and self-help tools
- **How to join?**
- **Sign up at:**
www.kooth.com
- **Cost:** Free



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Sources of support – Local Agencies

Who?

Murray Hall Community Trust

The Bridge

St Marks Road

Tipton

DY4 0SL

Tel: 01902 826513

Email: info@murrayhall.co.uk

What?

Creative therapeutic workshops to build self-esteem, self-worth and aspirations.

How to join?

Sign up at: <https://www.murrayhall.co.uk/building-braver-minds>

Or email: CTS@murrayhall.co.uk

Cost: Free



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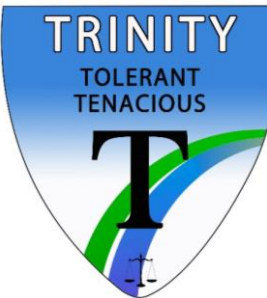


COURAGE





**GEORGE
SALTER
ACADEMY**



Activities in Sandwell

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Local Activities - Sandwell

- Dartmouth Park, West Bromwich – 26th- 29th July
- Brunswick Park, Wednesbury – 2nd – 5th August
- Lightswood Park, Smethwick – 9th-12th August
- Britannia Park, Rowley Regis – 16th – 19th August
- Victoria Park, Tipton – 23rd -26th August
- Tividale Park, Oldbury – 23rd-26th August



SUMMER Re-Opened

Join us for a boredom busting summer of fun for 11- 19 (up to 25 for those with SEND) years old!

Unplug your devices and get outdoors to try everything from a skating competition, music, magic and circus skills, graffiti art and film making to climbing and sports – it's all coming to a park near you!

Visit www.justyouth.org.uk to find out more information!!

These programmes have been made possible due to funding and support from the Holiday Activity & Food programme and are supported by Ashley Richards- Community Engagement Manager- Birmingham 2022 Commonwealth Games.

*Please note all activities will be Covid secure and risk assessed and all government guidelines or restrictions will be followed.

** Some activities may be cancelled or changed at short notice due to circumstances outside of our control.

JUST YOUTH
Say NO to boredom in Sandwell!

Sandwell
Metropolitan Borough Council



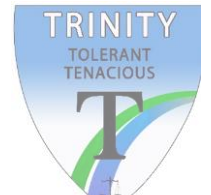
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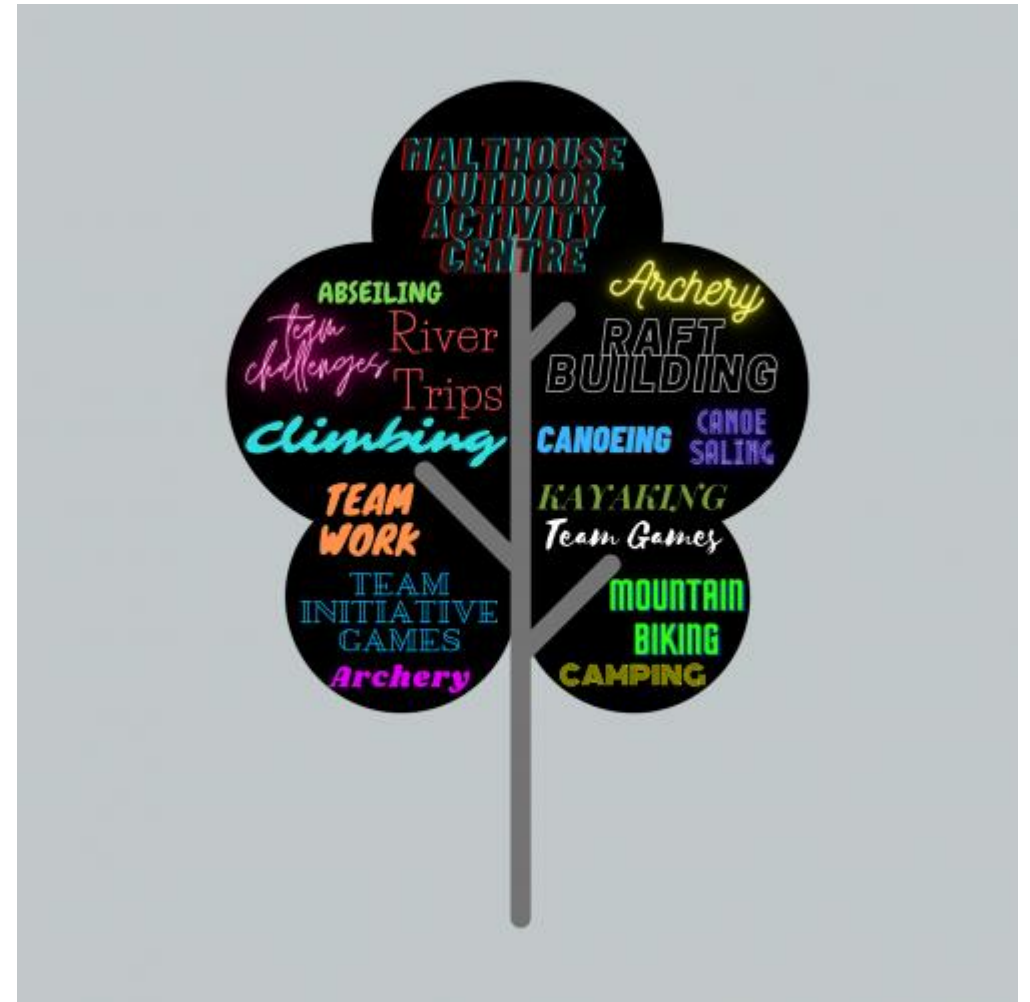
COURAGE



Local Activities - Sandwell

Malthouse Stables will be offering adventurous activity days which will include mountain biking and canoeing as part of the Holiday Activity & Food programme which have limited spaces available and will need to be pre-booked.

To book a place or for further information contact Ian Clews on 07810850981 or visit <https://www.justyouth.org.uk/events/>



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Local Activities - Sandwell

Youth Services re-opened

Sandwell Youth Service will also be re-opening some of its youth clubs from this week at the following locations:

Tanhouse Youth Club (Re-opening 6th July)

Tanhouse Community Centre, Hamstead Road, Great Barr, B43 5EL

Tuesday 7pm – 9pm

Thursday 7pm – 9pm

Lodge Road Youth Club (Re-opening 8th July)

Lodge Road Community Centre, Lodge Road, West Bromwich, B70 8PJ

Tuesday 6pm – 8pm

Thursday 6pm – 8pm

Windmill Youth Club (Re-opening 13th July)

Windmill Community Centre, Messenger Road, Smethwick, B66 3DX

Tuesday 6:30pm – 8:30pm

Thursday 6:30pm – 8:30pm



Please contact youngpeople_services@sandwell.gov.uk to book your place and make sure you give your name and the club you wish to attend.



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



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Local Activities - Sandwell

0121 569 2899    

[HOME](#) [YOUTH SERVICES](#) [YOUTH VOICE](#) [SANDWELL CHILDREN'S TRUST](#) [ADVICE](#) [ACTIVITIES](#) [NEWS](#) [CONTACT US](#)

Unfortunately, due to the ongoing Coronavirus pandemic our sessions are currently not taking place. We are however available on [Facebook](#) for daily challenges, activities and support.

EVENTS FOR JULY 2021

EVENTS IN: SEARCH: NEAR: VIEW AS:

« June August »

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28 Coneygre Arts – Music Studio Drop In	29 Coneygre – Music 4 Life Windmill Youth Club Tanhouse Youth Club View All 4 Events »	30 Coneygre Arts – Music Studio Drop In	1 Coneygre – Music 4 Life Windmill Youth Club Tanhouse Youth Club View All 4 Events »	2	3	4
5 Coneygre Arts – Music Studio Drop In	6 Coneygre – Music 4 Life Windmill Youth Club Tanhouse Youth	7 Coneygre Arts – Music Studio Drop In	8 Coneygre – Music 4 Life Windmill Youth Club Tanhouse Youth	9	10	11



<https://www.justyouth.org.uk/events/>



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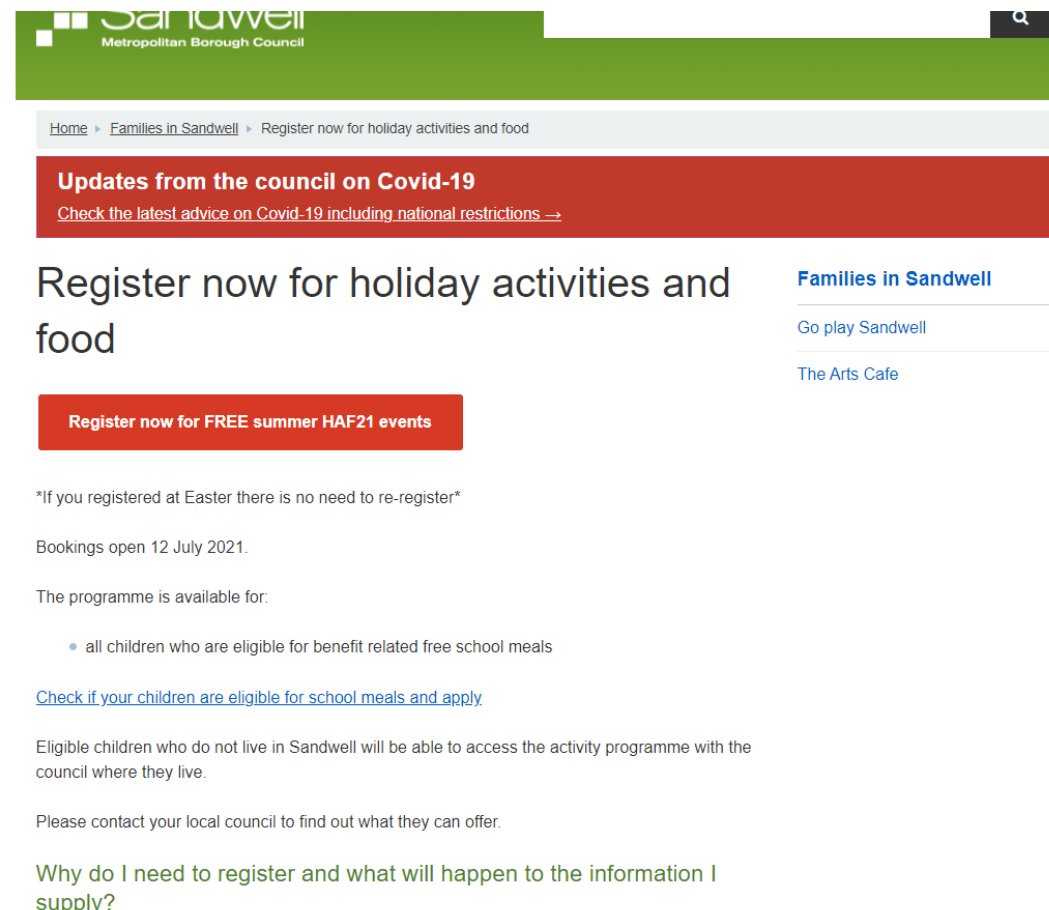


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The Department for Education's Holiday Activities and Food Programme has provided funding for councils to deliver free fun activities linked to a food offer for children and young people who are eligible for free school meals during the summer holidays. Children and young people can be registered for the programme using this link:

[Click here to access the website](#)



The screenshot shows the Sandwell Metropolitan Borough Council website. At the top, there is a green header with the council's name and logo. Below the header, a breadcrumb trail reads: Home > Families in Sandwell > Register now for holiday activities and food. A red banner contains the text: "Updates from the council on Covid-19" with a link to "Check the latest advice on Covid-19 including national restrictions →". The main heading is "Register now for holiday activities and food". To the right, there is a sidebar with the heading "Families in Sandwell" and two links: "Go play Sandwell" and "The Arts Cafe". A red button below the heading says "Register now for FREE summer HAF21 events". Below the button, there is a note: "*If you registered at Easter there is no need to re-register*". Further down, it says "Bookings open 12 July 2021." and "The programme is available for:" followed by a bullet point: "all children who are eligible for benefit related free school meals". There is a link: "Check if your children are eligible for school meals and apply". Below that, it says "Eligible children who do not live in Sandwell will be able to access the activity programme with the council where they live." and "Please contact your local council to find out what they can offer." At the bottom, there is a link: "Why do I need to register and what will happen to the information I supply?".



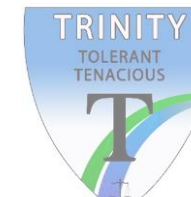
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Final Message ...

Thank You!



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