Are you a young carer?

Are you providing care for someone at home? Do you have anyone at home who is ill or has a disability?

If so, you are likely to be a young carer, and this leaflet is for you.

Sandwell Young Carers is providing a support line so that you, or a family member, can ring us for information and/or support

07802 492341

You may wish to share your concerns at this challenging time or you may want to know what is out there to help you and your family. If you make contact (via txt or calling) we will advise and support you.

> You can also contact us via email support@sandwellyc.org.uk

If you are already a member of Sandwell Young Carers and have an administrative query you can contact us on

07716 638845

To keep up-to-date with information

about our services during this time please follow Sandwell Young Carers on Facebook.











Charity Registration No: 1081084 Company Registration No: 3835055 Donations: www.localgiving.com/sandwellyoungcarers